

Let Us Share Our Wildlife Refuge with you

Creation: June 1991

It is the **1st private wildlife refuge** in Costa Rica.

It is managed by a Costa Rican family dedicated to education for over 87 years.



Main Goal

Educate visitors on how to take better care of our Planet Earth, by protecting the forest.

3,751 acres:

Of tropical rainforest of wich 60% is primary forest

1,640 ft to 5,905 ft:

Elevation above sea level

+15K

Visitors per year

Part of a biological corridor (boundaries):

- La Amistad International Park
- Tapantí National Park
- Macizo de la Muerte Conservation
 Area



La Marta is Pure Water



Two rivers run through La Marta, **Gato and Marta**, among many streams and small waterfalls of pure and crystalline water, that generate a wide variety of habitats and allow the presence of numerous animals and plants.

Industrial Archaeological Monument



Within the boundaries of La Marta, there are ruins of what once was a estate of the 1800s. One can observe the coffee mill, the processing sugar cane plant, and other structures where sugar cane, coffee, cocoa and banana were produced and exported. Today the ruins are a historical architectural heritage, and a living example that although more than 900 acres of tropical rainforest were devastated in the 19th century, it was regenerated and became a secundary forest.

Sustainability Certifications:

Ecological Blue Flag Program

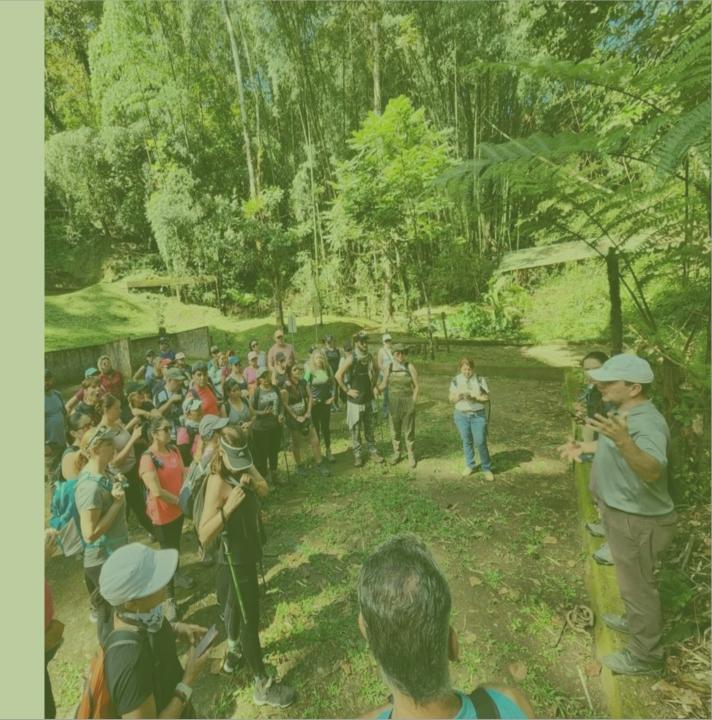
One of Costa Rican governmental programs for sustainability recognition La Marta has participated in the Program **for over 10 years**, being recognized with **the máximum distinction**





Environmental Education Walks

La Martas has a program to train local guides in natural history. **Castro Carazo University** gives them scholarships to learn English. These guides will walk you through our trails, and explain the wonders of the forest, as well as the history of La Marta.







Trails

11 miles of dirt, mud and stone trails from easy hikes to expert level ones.

These trails provide scenic views of rivers, small waterfalls, ponds, landscapes, and historical sites You will undoubtedly enjoy a peacefull time in direct contact with nature.



Tucan Lodge

It can **comfortably house up to 20 people**. It has 4 rooms with bunk beds, shared bathrooms / showers.

Along the outdoor corridors of the lodge you will have great views of the impressive greenery at La Marta and it is possible to see many birds species.



Camping Area

There are camping huts equipped with clean drinking water, cooking grill, and a picnic table. There are also shared bathrooms and showers. You can bring your own tent or rent one from La Marta.

There is no electricity in this part of the Refuge, but there is internet for academic groups.

Muntifunctional Room Classroom

The dinning room can be used as a classroom for 30 – 50 students, with a screen, whiteboard, and proyector. It is located on the first floor ofthe Lodge, it has excellent internet For making video calls and virtual presentations.





Food Service

Eventhough La Marta does not have an on / site restaurant, it can be arranged to have some or all of your meals at the Lodge, during your stay.



Tours and Activities in the area

If you want to go **rafting**, **zip** – **lining**, **visit an indigenous monument**, or do other type of tours within the area, we can coordinate them for you. Ask the sales and reservations department for more information.



¡We are waiting for you!

Service hours: Monday - Sunday 7:00 a. m. - 4:00 p. m. 365 days a year

> A refuge for CUTIOSITV

The refuge is open every day. We require a reservation prior to your visit as we have a daily maximum capacity limit.

> **Day pass** 7:00 a. m. - 4:00 p. m.

Rooms and camping Check-in 1:00 p.m.

Check out 12:00 noon.



Remember to make

your reservation

Take advantage of summer days in our forest

A refuge for curiQsity

Sales and reservations

Monday to Friday from 8:00 a. m. to 5:00 p. m. Saturday from 8:00 a. m. to 12:00 md.

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